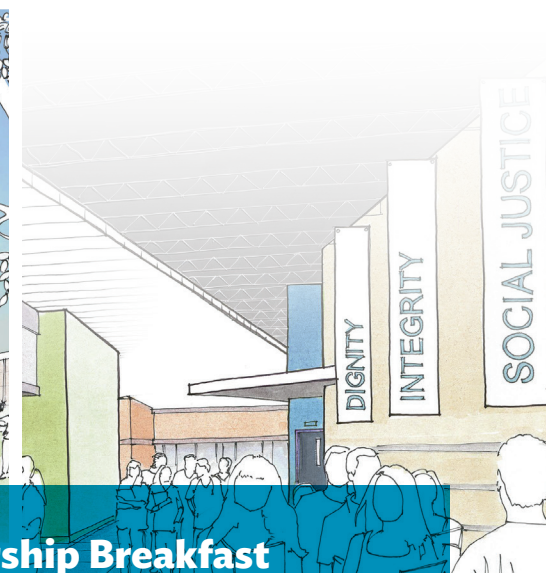


Dimensions

COMING SUMMER 2016

The NEW Methodist College Campus

5801 W. War Memorial Drive, Peoria, IL



Scholarship Recipients | President's Scholarship Breakfast
Connie Gowda | Shannon Nichols | Experiencing Nursing in Appalachia



Methodist College

Dimensions

Issue 1 - 2016

President's Update

Spring semester has begun and this semester is very noteworthy as it will be the last full semester we will complete at our present college campus. As many of you know in July our college will be moving to our new campus located on W. War Memorial Road. Our new address will be 7600 N. Academic Dr. Peoria, IL. 61615. College employees have already begun purging/packing items for the move to our new campus. It is certainly an exciting time for our college. We are pleased that we will have a new campus next year to support our continued growth. We are working together to meet our goal of 100% giving from college employees for the new campus construction. I invite our alumni to participate in giving to the construction campaign as well and thank you to all who have given.



We continue to be very busy this semester as we continue our growth and new program development. This spring semester we hit a record enrollment with our present number of 631 students and we are in the process of developing new academic programs to meet the growing educational needs of those in our community, state and nation. A Social Work program has been developed and is now moving through the approval process. We are also working on reports for the Higher Learning Commission (HLC) with visits scheduled for November 2016.

Our college continues to be in the news. This fall I had the great opportunity to be the keynote speaker at the Central Illinois Agency on Aging Inc. Annual Meeting and Awards luncheon. I am proud to say that Methodist College nursing faculty member Amy Funk was selected to receive the Dr. Jean Aldag Award for Outstanding Commitment to Education and Research, Health and Social Services. I am also proud to say that in December I was honored as a Peoria Woman of Influence for 2015. Also on Sunday January 3rd our college's growth and new campus was mentioned in a Journal Star article about Peoria in 2016. Also our college recruiters were on Good Company discussing the college programs on the "Good Company Great Girls" week. The college launched our new campaign focus: **Join the Tradition. Find Your Future.** Look for our marketing materials on billboards, buses, Pandora internet radio, Peoria area radio, local high schools, various websites, Google, and Facebook. These are but a few of the activities of our college at the present time. Methodist College is very proud of the excellent education that we deliver to the community as well as the dedication to community engagement demonstrated by our students and employees. Key to assisting us in meeting our mission is our alumni. I am pleased with the growth and involvement of our Alumni Association. Our alumni have successfully brought together graduates from the school and the college into a dedicated whole who is constantly giving to our students. Your role modeling as alumni is critical as the students of today are the alumni of tomorrow. In the past few months the Methodist Alumni Association has done the following activities for our students and other alumni: The Alumni Board hosted BINGO for students and an Alumni Social at Mackinaw Valley Vineyard. MC Alumni performed resume reviews and mock interviews for students as well as conducted the Alumni Roundtable where alumni from various specialties and areas of nursing answered student questions about their career options as healthcare professionals.

And finally one last note. As many of you may know, Alissa Selburg recently transferred from her position as Director of Community and Alumni Affairs to Director of Admissions and Advising. This was a very difficult decision for Alissa as she did not want to leave our alumni. She has come to know and respect each one of you and did not want to leave her work with you. We are searching right now for someone who can take over this role and our goal is to find someone soon who can pick up where Alissa left off. The Alumni Association is very important to our college. Thank you for your patience as we work to fill this position.

Dr. Kimberly Johnston
President, Methodist College

kajohnston@methodistcol.edu
(309) 672-5513

Connie Gowda Celebrates 30 Years of Service to Methodist College

Anyone who has been a student at Methodist College over the past 30 years probably remembers this story. A kind and gentle nursing instructor ends up at the bottom of the river trapped helpless in her car. The pressure is building as she fights for her life and struggles to escape. We were all on the edge of our seat as this horrifying story unfolded. As future nurses we empathized and hung on every word. Well in case you missed it, the story was just that – a story, to demonstrate cardiac overload. I am willing to bet everyone got at least that answer correct on the test! On Monday, August 10, 2015 staff, peers, and former students came together to celebrate Mrs. Gowda's accomplishment of 30 years of service. A special tribute video was created, Mrs. Gowda was presented with a plaque, and cake was enjoyed by all. Mrs. Gowda has seen the college change a lot from the Diploma Nursing program it was to the Baccalaureate College it is today. She has personally influenced over 2000 of our graduates. We truly want to say thank you for all your compassion, dedication, professionalism, and your unique sense of humor Mrs. Gowda. We look forward to your continued contributions to our profession and our college.



Grow with us!

When complete, METHODIST COLLEGE will be the largest nursing and health sciences college in Illinois.

Some of the college's features will include:

- State-of-the-art learning simulation lab
- Designated study space
- Dining options
- Advanced health sciences library
- Green space for relaxation and collaboration
- Fitness center
- Community room
- On-site student housing
- Ample parking



Construction is already under way! The new Methodist College and student residence will open in the fall of 2016.

Many New Offerings at Methodist College

Methodist College continues to grow and expand its offerings. We now offer Health Care Management and Behavioral Health concentrations for the health sciences degree.

The Health Care Management concentration will prepare graduates to become a leader or manager within a healthcare organization. The curriculum provides insight into administrative practices including strategic planning and change management, supervision, policy and fiscal responsibility, and quality assurance. Health care ethics, client rights and safety and regulatory compliance are also addressed within the curriculum. All students will have a series of internships that provide direct work experience in the field, which can help open the door to a fulfilling career.



The Behavioral Health concentration will allow graduates to make a difference through their contributions to a holistic healthcare team. The program was developed in response to the growing need for competent direct service providers in behavioral healthcare. Upon graduating from this program, students will be able to work in primary

acute care and/or restorative or rehabilitation facilities in a variety of community agencies and healthcare institutions. The skills and knowledge gained will help graduates pursue a professional career involving case management, counseling, psychosocial rehabilitation, health coaching, crisis stabilization and other services.

Both of these tracks are taking applications for the fall semester. Please contact the admissions@methodistCOL.edu for more details.

Why did Methodist College decide to add a behavior health academic focus to their programs?

The reason is that UnityPoint Health - Methodist | Proctor have a large need to employ behavior health staff. Below are the current services offered by UnityPoint Health - Peoria.

Adult Partial Hospitalization Program (7W) -

- Monday - Friday outpatient program
- serves ages 18-64

Center for Senior Behavioral Health (geropsych - 3W - Proctor)

- staffed for 14 beds; licensed for 18
- serves ages 65+

Community Behavioral Health Inpatient (6W) - 22 beds

- typically serves ages 18-65

Adult/Geriatric Inpatient (8H) - 22 beds

- serves ages 18-end of life

Child/Adolescent Inpatient (8W) - 22 beds

- serves ages 4-17

UnityPoint Clinic - Psychiatry

Mental Health Clinic (7W)

- serves ages 4-64; Medicaid population (75% of visits are children and adolescents)

Proctor Counseling Center

- BH Intake Center (Emergency Department) - Mid-level providers/Psychiatric Nurses
- evaluate patients presenting in the ED with behavioral health issues
- takes all “outside” referrals for BH inpatient services

Illinois Institute for Addiction Recovery

- Proctor Campus - 30 beds; all levels of care

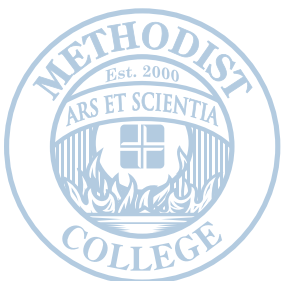
- Advocate BroMenn (Bloomington – Management Agreement) – staffed for 14 beds; can increase to 28; all levels of care
- Ingalls Hospital (Harvey, IL – Management Agreement) – 16 beds; all levels of care

Springfield – outpatient services

Our behavior health services mentioned above see approximately 25,000 patients per year in the inpatient setting and 20,000 patients per year in the outpatient setting. These numbers are growing each year, so why not educate the workforce right here at Methodist College to help with this need!



The new college building will provide the space to offer new programs to continue to enable the College to meet the educational needs in healthcare for the community, state and region.



Methodist Alumni Reunion

The 2015 Methodist Alumni Reunion was held June 6th at Weaver Ridge Golf Club. Over 110 alumni were in attendance. The event featured a lunch buffet, alumni awards, information about the college and its growth to the new building, and tours of the Simulation Center at UnityPoint Health- Methodist. Keynote speakers were Dr. Keith Knepp and Ms. Pamela Stevenson (class of 1965), whose class was celebrating their 50th year reunion. The class of '65 was full of great stories with a large representation of the class present at the event. Ms. Stevenson spoke of the events that occurred during their time at Methodist, but the highlight of her presentation was that she wore her school uniform. Yes, the exact uniform she wore while learning to become a nurse (she still fit perfectly into it- for all of you that were wondering). Dr. Keith Knepp, MD, Executive Vice President Clinical Services/Chief Operating Officer for UnityPoint Health- Peoria, presented on the current state of UnityPoint Health Peoria and the transition that will be occurring for healthcare in the Peoria area. Dr. Johnston, Methodist College President, spoke about the upcoming expansion and site change of Methodist College.

The event was a great success. Save the date for next year: June 11, 2016!

SAVE THE DATE

Methodist Alumni Reunion

Saturday, June 11, 2016

WeaverRidge Country Club
5100 N. WeaverRidge Blvd.
Peoria, IL 61615

Alumni Reunion Award Winners

Distinguished Alumnus Award
Dr. Betty Kohal, Class of 1965

Alumni Service Award
Evelyn DeBell, Class of 1943

Rising Star Alumni Award
Melissa Frakes, Class of 2010



METHODIST ALUMNI ASSOCIATION BOARD

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President

Shelley Riney
Vice President for Events

Deb Eagan
Vice President of Advancement

Anthony Frederes
Vice President of Membership

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Wilma Christiansen
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Sybil Henderson
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Jodi Huffman-Fraze
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Jennifer Kolettis
At-Large Board Member

Claudia Plumer
At-Large Board Member

Lisa Preston
At-Large Board Member

Bobby Lucia
At-Large Board Member

Angie Erickson
At-Large Board Member

Methodist
ALUMNI
ASSOCIATION

Alumni Spotlights

Shannon Nichols, B.S., M.A., BSN, RN

Past Education:

- SIU Carbondale, Bachelor of Science, Speech Communication
- University of Illinois, Springfield, Master of Arts Communication
- Methodist College, Bachelor of Science in Nursing

Briefly, describe your career path?

I spent a majority of my career managing the Land of Lincoln Chapter of the Muscular Dystrophy Association; however, when the economy started to suffer, MDA began closing their smaller offices and Springfield was one of them. After the MDA office closed, I went into sales for a while, but did not like the pressure of this new career.

What led you to the nursing profession?

I have always admired nurses and was interested in a health career from my time at MDA. I realized being laid off was an opportunity to grow and have a career I would grow and excel at. I wanted something that I knew I would love and that would make a difference in someone's life.

Describe your current job as a new registered nurse.

My first job out of nursing school has been working as a

bedside nurse on the orthopedic floor of Memorial hospital in Springfield, Illinois. It is a very busy and fast-paced area to work in.

What are you passionate about in your work?

I like seeing the patients grow and get healthier very quickly and being a part of that journey.

Where is your career headed?

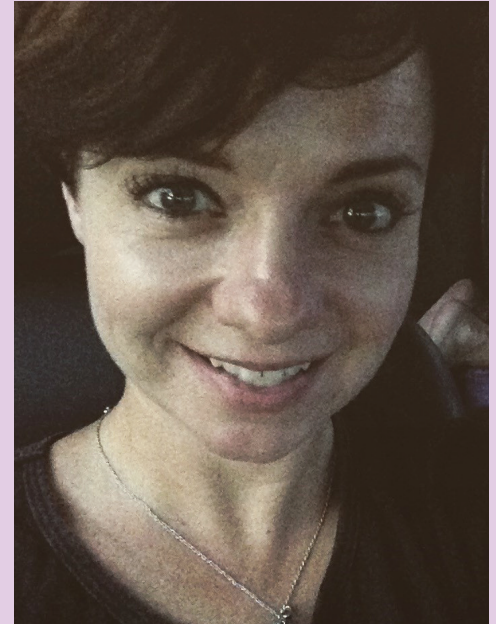
My ultimate career goal would be to work in Hospice/Home Health, but right now I'm happy where I am.

How did Methodist help shape your success?

The time spent in the classroom provided me with the knowledge base I would need to not only pass boards, but to succeed as a nurse. The Methodist internship provided me with the skills I needed to be successful on the floor in my first nursing job. The combination of both the classroom and internship experience has allowed me to step onto the floor as a new nurse and feel confident in doing so.

How are you making a positive impact on the nursing profession?

I hope that when people walk away from working with me, they have a greater appreciation of all nurses.



What has been the most surprising realization you have had since working as a registered nurse?

Nursing is way faster paced than I had ever imagined.

Your favorite Methodist memory?

Making friends I hope to keep for a lifetime.

Anything else you'd like to share?

I am very proud to have achieved my BSN. I would tell new nursing students to hang in there - work hard - and you will be proud of yourself! - ALSO - Invest in a good pair of shoes! :)

Methodist College President's Scholarship Breakfast

UnityPoint Health - Methodist | Proctor Foundation was pleased to host the 5th Annual Methodist College President's Breakfast on Friday, April 10th. The event took place at First United Methodist Church in Peoria. This year's event honored both the donors and recipients of the 74 Foundation Scholarships totaling \$92,100 awarded during the 2014-2015 academic year - over double what was awarded in 2013-2014. During the event we were able to:



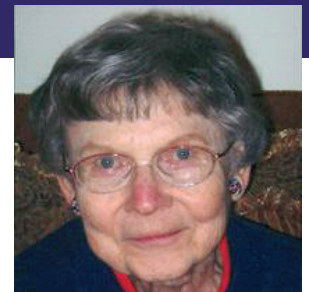
There were 168 people in attendance at the event, our largest group yet. We were also able to raise \$5,576 for the Methodist College Scholarship Fund.

- Award our 6th Outstanding Community Clinical Site to Central Illinois Agency on Aging
- Present our first annual Community Partner Award to First United Methodist Church- Peoria
- Pay tribute to Velma Larson, class of 1932 alumni and scholarship donor, who passed away in December.

Remembering

Marlene Mossberger Woodfill

Marlene was a 1952 graduate of the Methodist School of Nursing. She was a Staff Nurse, Head Nurse and Nursing Supervisor at various locations from 1952 - 1970. Dr. Mossberger's PhD. Dissertation was a history of School Nursing: The Role of the Nurse in the School Setting: An Historical View As Reflected in the Literature from 1902-1982. The American School Health Association published a condensed version of this dissertation in 1991. A copy of this book can be found in the Methodist Historical Collection.



Dr. Mossberger married Charles Woodfill in 1956 and they raised one daughter. Marlene and her husband were world travelers, having explored 64 countries together. In 2002 Marlene and her husband established an endowed scholarship at Methodist College, her generosity has already assisted many students in achieving their educational dreams of being a nurse and Marlene's legacy will be remembered through the Marlene Mossberger Woodfill, PhD scholarship as it helps students for generations to come.

In Remembrance

Nancy (Bowyer) Ewing 1957

Betty (Peabody) Adolphson 1947

Marlene (Mossberger) Woodfill 1952

Sybil (McClenning) Stewart 1952

Vietta (Bebout) Jameson 1952



Experiencing Professional Nursing in a Different Way

The selfless gift from a generous Methodist Alumnus provided Methodist College students the opportunity of a lifetime. In the summer of 2015, ten students from Methodist College traveled to Cleveland, TN to work with the volunteer Remote Area Medical (RAM) clinic.

Amy, a Methodist College Senior, reflects on this opportunity. “While in Tennessee, we were able to get a taste of what life is like for the people in the region. On Saturday afternoon, some of us went white water rafting. While rafting, our guide told us that he had previously lived in Elgin, Illinois but moved back to Tennessee. He said, “I need my mountains. I missed my mountains.”

“This is something that played in my head off and on for the remainder of our trip. The Appalachians are home to many and one thing I have had heard over and over from people who live there or used to live there is the love of the mountains.”

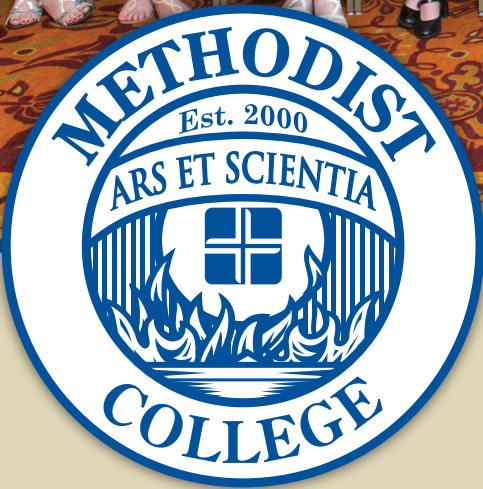
“One question people ask me when I speak about the poverty and health issues to the people in that region is, “Why don’t they just move?” The answer is not that easy. There is such a deep, rich history that is unique to that area. To assume that someone would just move away from that is unfair. If those people move from their home, the problems will still exist to those who are left behind. It doesn’t fix the issue at all.”



“Part of providing culturally competent care to people is understanding their values and where they come from. The root issues must be addressed and the gaps need to be filled in. In order to provide effective care, we need to meet the patient where they are. We need to go to their mountains and understand their culture. We need to treat the patient holistically and this is true for all of our patients.”

The Foundation is proud of the rich history and tradition that Methodist has in providing nursing education and thrilled to be a part of the journey to educate not just nurses, but the future healthcare workers of tomorrow.





Spring 2015

Congratula

Methodist College celebrated graduates and welcomed its newest alumni on Saturday, May 16 and Saturday, December 19 at the Spring 2015 and Fall 2015 Commencement Ceremonies. Family and friends gathered at Embassy Suites in East Peoria to watch as the College awarded the Bachelor of Science in Nursing (BSN) degree to 55 spring and 49 fall graduates.

Congratulations to all of the recent graduates and welcome to the Methodist Alumni Association!

Spring 2015 Graduates

Stefanie Baker
Allison Benedict
Britney Boerma
Morgan Bozarth
Timothy Brown
Kelsey Buchanan

Kailey Burns
Melissa Burton
Amber Carroll
Hailey Crozier
Heather Dentino
Jonathan Duncan
Derrick Dunk
Angela Erickson

Amie Evans
Samantha Frankel
Martin Green III
Shelby Gruber
Hollie Hangartner
Masheda Henry
Elissa Horvath
Lora Hubbard

Carrigan Hunter
Sarah Jindoyan
Jessica Juergens
Lindsay Kaiser
Courtney Keith
Ashley King
Carolann Kohtz
Robert Lucia
Michelle Maddalozzo
Phoebe Maholovich
Eve McCorkle
Shawnte McCullough
Jenna McLoughlin
Lacey Millburg
Karin Mueller
Kimberlyn Nagel
Megan O'Brien
Ochuko Oghor

Haley Owen
Emily Pierson
Juliana Prado Rivera
Danielle Roach
Shelly Scott-Scholl
Natalie Seei
Dagny Sheerin
Lisa Smith
Ashley Smith
Shannon Stott
Jordan Stott
Melissa Thomas
Corrin Thompson
Kimberly Walker
Lauren Watson



Summer & Fall 2015

tions Graduates!

**Summer 2015
Graduates**

Benjamin Buckeye
Michelle Couri
Jennifer Guy
Anne Morrow
Olajumoke Ogunfolu
Emily Sadler
Ashley Smith

Gina Corey
Casey Crow
Blaine Cultra
Alisha Dubois
Tina Fitzsimmons
Sarah Fleischauer
Amanda Ford
Brittney Ford
Amy Fosdick
Dora Hamm
Elizabeth Hanson

Jane Martin
Mindy McBride
Lindsey McDonald
Maleka Miller
Molly Miller
Genenda Milloy
Lacy Mullins
Jillian Murphy
Faith Neuhauser
Bridget O'Brien
Jesika Peterman
Brooke Phillips
Brienne Rankin
Courtney Reubin
Melinda Rilea
Julia Schultz
Alicia Stringer
Amy Svob

Aminatu Tiamiyu
Bridget Tomlinson
Kayla Walraven
Lindsey Whalen
Jessica Whitaker
Stephanie Whitman
Andi Wilson
Lori Young

**Fall 2015
Graduates**

Cassie Abel
Augustine Atem
Cole Bent
Gynger Biddison
Alexander Bowers

Erika Howisen
Joel Kaptich
Jessie Lascelles
Mary Leezer
Laura Long
Amanda Malueg
Ashley Martin



Methodist College
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Peoria, IL 61603

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*for information on upcoming
alumni events, visit
methodistCOL.edu/alumni*

SAVE THE DATE

Methodist Alumni Reunion

Saturday,
June 11, 2016

WeaverRidge Country Club
5100 N. WeaverRidge Blvd.
Peoria, IL 61615

Methodist
ALUMNI
ASSOCIATION

CONTACT US

MC_Alumni@methodistCOL.edu

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stay in touch • share updates
get information • support Methodist



If you no longer wish to receive fundraising communications from UnityPoint Health - Methodist|Proctor you can e-mail methodistproctorfoundation@unitypoint.org or call us at 309-672-5741 and request on this call that we remove you from our contact list to receive communications for this purpose.